DATE+ TIME+ TRAIL DISTANCE +ELEV GAIN +DIFFICULTY +DIRECTIONS

SUNDAY JANUARY 14

8:00 AM Lake Poway Loop 2.8 miles 460' Moderate https://www.alltrails.com/trail/us/california/lake-poway-loop

SATURDAY, JANAURY 27

8:00 AM Elfin Forest Reserve 6.2 miles 1200' Moderate https://www.alltrails.com/trail/us/california/elfin-forest-loop

SUNDAY, FEBRUARY 11

8:00 AM Blue Sky to Ramona Lake trail 7.8 miles. 1400' Moderate https://www.alltrails.com/trail/us/california/blue-sky-reserve-to-ramona-lake-trail

SATURDAY, FEBRAURY 24

8:00 AM Mt Woodson via Fry Keoegel trail. 7 miles. Moderate https://www.alltrails.com/trail/us/california/woodson-mountain-via-fry-koegel-trail

SUNDAY, MARCH 10

8 AM, 6.0 miles. Iron Mountain peak and Ellie lane trail loop 6 miles https://www.alltrails.com/trail/us/california/iron-mountain-peak-and-ellie-lane-trail-loop

SATURDAY, MARCH 23

Mt Gower Open Space Preserve Trail 9.2 miles https://www.alltrails.com/trail/us/california/mt-gower-open-space-preserve-trail

SUNDAY, APRIL 7

9:00 AM Mission Trails Regional Park. South Fortuna Trail. https://www.alltrails.com/trail/us/california/south-fortuna-trail-and-fortuna-saddle-trail-loop

SATURDAY, APRIL 13

8:00 AM El Cajon/El Cap Mtn 11 miles 4000' Very Strenuous https://www.alltrails.com/trail/us/california/el-cajon-mountain-trail

APRIL 19, 20, 21 (FRIDAY SATURDAY AND SUNDAY) TO BE DETERMINED

SUNDAY APRIL 28TH Lake Hodges Overlook trail. 7.2 miles, moderate strenuous https://www.alltrails.com/trail/us/california/lake-hodges-overlook-trail--2